

July 2026



The Recovery Exchange

PEER RECOVERY CENTER

Hosted By Spectrum Health Systems



35 Exchange St.
Lynn, ma 01901
(339) 499-5871

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Daily Inspiration 11am Women's Meeting 2:30pm All Recovery meeting 6pm Recovery Dharma	HAPPY FOURTH OF JULY 9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30 pm All Recovery Meeting	9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 2:30pm All Recovery Meeting	9:30am Daily Inspiration 11am Chat & Chew 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting	9:30am Daily Inspiration 1pm Q1 Group 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom W/	Closed for Independence Day! HAPPY 4TH OF JULY
9:30am Daily Inspiration 11am Women's Meeting 2:30pm All Recovery meeting 6pm Recovery Dharma	9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30 pm All Recovery Meeting	9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 1pm Drum Circle 2:30pm All Recovery Meeting 6:30pm Free Meditation	9:30am Daily Inspiration 11am Chat & Chew 12pm subcommittee Meeting 1pm DRA Meeting 1:30pm Housing Group 2pm CORE Boat Cruise!	9:30am Daily Inspiration 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom W/	9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity
9:30am Daily Inspiration 11am Women's Meeting 12:30pm Advisory & Ethics Board 1pm Equity Empowerment 2:30pm All Recovery meeting 6pm Recovery Dharma	9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30 pm All Recovery Meeting 2:30 pm Men's Orientation	9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 2:30pm All Recovery Meeting 6:30pm Free Meditation	9:30am Daily Inspiration 11am Chat & Chew 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting	9:30am Daily Inspiration 1pm Peer Training 2:30pm All Recovery Meeting 2:30pm Women's Orientation 4:15 Freedom through the word 6pm Feel the Freedom W/	9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity
9:30am Daily Inspiration 11am Women's Meeting 2:30pm All Recovery meeting 6pm Recovery Dharma	9:30am Daily Inspiration Beach Day! 2:30 pm All Recovery Meeting	9:30am Daily Inspiration 11am Wellness Group 12 pm Queer Recovery Meeting 1pm Drum Circle 2:30 pm All Recovery Meeting 6:30 pm Free Meditation	9:30am Daily Inspiration 11am Chat & Chew 12pm Subcommittee Meeting 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting	9:30am Daily Inspiration 11am CAPRS (Staff) 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom W/	9:30am Daily inspirations 2pm Open Activity
9:30am Daily Inspiration 11am Women's Meeting 2:30pm All Recovery meeting 6pm Recovery Dharma	9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30pm All Recovery Meeting	9am Canobie Lake Park Trip!	9:30am Daily Inspiration 11am Chat & Chew 12pm Subcommittee Meeting 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting	9:30am Daily Inspiration 1pm Outreach Group 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom W/	