

MAY 2026



The Recovery Exchange

PEER RECOVERY CENTER

Hosted By Spectrum Health Systems



35 Exchange St.
Lynn, MA 01901
(339) 499-5871

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						
<p>9:30am Daily Inspiration 11am Women's Meeting 12:30pm Advisory Board 2:30pm All Recovery meeting 6pm Recovery Dharma</p>	<p>9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30 pm All Recovery Meeting 2:30 pm Men's Orientation Group</p>	<p>9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 2:30pm All Recovery Meeting 6:30pm Free Meditation</p>	<p>9:30am Daily Inspiration 11am Chat & Chew 12pm subcommittee Meeting 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 1pm QI Group 2:30pm All Recovery Meeting 2:30pm Women's Orientation 4:15 Freedom through the word 6pm Feel the Freedom NA</p>	<p>9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity</p>	
<p>9:30am Daily Inspiration 11am Women's Meeting 1pm Equity Empowerment 2:30pm All Recovery meeting 6pm Recovery Dharma</p>	<p>9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30 pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 11am Wellness Group 12 pm Queer Recovery Meeting 1 pm Drum Circle 2:30 pm All Recovery Meeting 6:30 pm Free Meditation</p>	<p>9:30am Daily Inspiration 11am Chat & Chew 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 11am Peer Training 2:30pm All Recovery Meeting 6pm Feel the Freedom NA</p>	<p>9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity</p>	<p>HELLO SPRING</p>
<p>9:30am Daily Inspiration 11am Women's Meeting 2:30pm All Recovery meeting 6pm Recovery Dharma</p>	<p>9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 2:30pm All Recovery Meeting 6:30pm Free Meditation</p>	<p>9:30am Daily Inspiration 11am Chat & Chew 12pm Subcommittee Meeting 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 1pm Outreach Group 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom NA</p>	<p>9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity</p>	
<p>CLOSED FOR MEMORIAL DAY!</p> 	<p>9:30am Daily Inspiration 10am Hope Bag Outreach 12pm Community Meeting 1pm Areas 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 11am Wellness Group 12pm Queer Recovery Meeting 1pm Drum Circle 2:30pm All Recovery Meeting 6:30pm Free Meditation</p>	<p>9:30am Daily Inspiration 11am Chat & Chew 1pm DRA Meeting 1:30pm Housing Group 2:30pm All Recovery Meeting</p>	<p>9:30am Daily Inspiration 1pm Outreach Group 2:30pm All Recovery Meeting 4:15 Freedom through the word 6pm Feel the Freedom NA</p>	<p>9:30am Daily inspirations 12pm SMART Recovery 2pm Open Activity</p>	
						